10/28/2026	19 June (Saturday)	20 June (Sunday)	21 June (Monday)	22 June (Tuesday)	23 June (Wednesday)
7:15					
7:30				Meet the Professors Breakfast (Invite Only)	
7:45					
8:00					
8:15			Opening Ceremony		
8:30			Plenary 1 Hülya Bayır, NYP-Morgan Stanley Children's Hospital of New York	Plenary 2 Dr Greg Peoples, University of Wollongong	Plenary 4 Bente Evy Halvorsen, University of Oslo
8:45					
9:00	Executive Committee Meeting (9AM-12PM)	Satellite 1	Phospholipids, Oxidative Stress and Brain Injury	Lipids and Recovery in Sport and Exercise	Acids and Cardiovascular Health - Moving Beyond Omega-3
9:15					
9:30			*Coffee Break/ Posters & Exhibits*	*Coffee Break/ Posters & Exhibits*	*Coffee Break/ Posters & Exhibits*
9:45					
10:00			01 Lipids in Neurosciences and Neurological Disorders	09 Lipids and Muscle Health	16 Lipids and Cardiovascular System
10:15				Sponsored Workshop	Sponsored Workshop
10:30			02 Lipid Metabolism	10 VLC Pufa	17 Microbiome and Short-chain Fatty Acids
10:45					
11:00			03 Lipids and Mass Spectroscopy		
11:15					
11:30			Early Career Award	ISSFAL Member Meeting & Lunch	Alexander Leaf Award
11:45					
12:00	Lunch	*Lunch*			
12:15			*Posters & Exhibits*	*Posters & Exhibits*	*Posters & Exhibits*
12:30					
12:45					
13:00		Satellite 2	*Lunch*	*Lunch*	*Lunch*
13:15					
13:30			Plenary 5 Marisol Izquierdo, Universidad de Las Palmas de Gran Canaria	Plenary 3 Brett Glencross, IFFO	Plenary 6 Craig E. Wheelock, Karolinska Institutet
13:45					
14:00	Board of Directors Meeting (2-6PM)		Omega-3 Fatty Acids and Bone Health	Understanding Marine Oil Sourcing	Lipid Signaling
14:15					
14:30			04 Lipids in Aquaculture	11 Lipid Nutrition and Aging	18 Lipids, Inflammation and Allergies
14:45			Sponsored Workshop	Sponsored Workshop or *Blitz Poster presentations*	Sponsored Workshop
15:00			05 Maternal and Infant Lipid Nutrition I	12 New Frontiers in Lipidomics	19 Lipids and Cancer
15:15					
15:30					
15:45					
16:00			*Coffee Break/ Posters & Exhibits*	*Coffee Break/ Posters & Exhibits*	Workshop/ Plenary The Norwegian Society of Clinical Nutrition and Metabolism
16:15					
16:30			06 Lipids and Multinutrient Interactions	13 Medium Chain Fatty Acids and Ketones	From Science to Bedside - Clinical Nutrition in Practice
16:45					
17:00			07 Other Sources of Long-chain PUFA	14 Dairy Fats	Closing Ceremony
17:15					
17:30			08 Maternal and Infant Lipid Nutrition II	15 Sphingolipids and Ceramides	
17:45					
18:00		Potenial Social Event	Opening Reception (Oslo City Hall)		
18:15					
18:30				Corporate Dinner & New Investigator Social & Alumni event	Gala Dinner
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